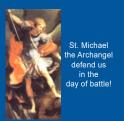


Mk 12:30

BLESS MY CHURCH

P O Box 88892 Honolulu HI 96830 Phone: USA (808) 943-7088 Email: stjohnbosco@boscosmo.org https://boscosmo.org/saints.html



October 1st | Feast day of St. Therese of the Little Flower of Jesus

My Novena Rose Prayer



O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands . .

(Mention in Silence Here)

St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen

Feast Day Novena Prayer for Peace

(This prayer is used by the Carmelites during the Feast Day Novena)

St. Therese, Flower of fervor and love, please intercede for us. Fill our hearts with your pure love of God. As we approach and celebrate your feast day, make us more aware of the goodness of God and how well He tends His garden. Instill in us your little way of doing ordinary things with extraordinary love. Give us the heart of a child who wonders at life and embraces everything with loving enthusiasm. Teach us your delight in God's ways so that divine charity may blossom in our hearts. Little Flower of Jesus, bring our petitions

(Mention in Silence Here)

before God, our Father. With your confidence, we come before Jesus as God's children, because you are our heavenly friend. As we celebrate the Feast Day of your homecoming in heaven, continue to shower roses and grace upon us. Amen

Miraculous Invocation to St. Therese

O Glorious St. Therese,
whom Almighty God has raised up to aid
and inspire the human family,
I implore your Miraculous Intercession.
You are so powerful in obtaining every need
of body and spirit from the Heart of God.
Holy Mother Church proclaims you "Prodigy of Miracles...
the greatest saint of Modern Times."

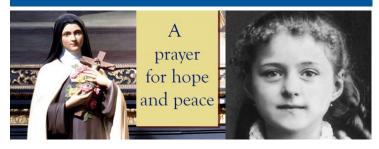
Now I fervently beseech you to answer my petition

(Mention in Silence Here)

and to carry out your promises of spending heaven doing good on earth... of letting fall from Heaven a Shower of Roses. Little Flower, give me your childlike faith, to see the Face of God in the people and experiences of my life, and to love God with full confidence.

St. Therese, my Carmelite Sister,
I will fulfill your plea "to be made known everywhere" and I will continue to lead others to Jesus through you.

A Prayer for Hope and Peace



O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love. O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands...

(Mention in Silence Here)

St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen.

Amen.



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Healing Prayers of St. Therese of the Little Flower of Jesus

Coronavirus Prayer



Loving St. Therese, the Little Flower, we turn to you during this time of uncertainty. Help us to find hope and comfort in your "Little Way" during this Coronavirus outbreak. Watch over those who are working endlessly to find a cure. Guide the medical professionals and first responders. Keep those who are at

risk in your loving arms. Little Flower, intercede for us and our intentions (*Mention Intentions Here*)

That we will continue to feel God's love at this time. St. Therese of the Child Jesus, help us to navigate this dark night Just as you did when you were suffering. Shower us with your roses from heaven now and forever. Amen.

St. Therese and Healing of Abandonment



Faithful Jesus, You are always with us. We need the healing touch of Your presence. Sometimes we feel abandoned and lost – abandoned by unfulfilled dreams and evasive possibilities. Our passion is gone –

darkness and emptiness permeate our spirits. People disappoint or disappear. The energy that fired my enthusiasm seems diminished in cool ashes. Cynicism born of disappointments shrinks my heart. The depression of quiet desperation defines our soul – listless emptiness swirls within. We feel abandoned by security because of the tumultuous changes in our world, our Church and our lives. We are ungrounded and need Your healing and centering presence, Lord Jesus. Just as St. Therese stepped through the abandonments of mother figures and dreams, help us to reach out to You in expectant faith and hungry hope. Burn out of us all the attachments which we deify and allow to define us. Embrace us, Faithful Jesus, even amid the dark emptiness and lonely abandonment which engulfs us! Heal us with faith and hope.

We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and Mental Healing



Jesus, our brother, we need Your healing touch. There are areas of our mind that are paralyzed or underdeveloped; that are plagued with fear, ignorance and blindness; that are crippled in the darkness of poor self-images; that expect disaster and defeat. We have a narrow-mindedness that does not

expand our vision or wisdom; attitudes of self-reliance that do not let others touch or minister to us; a need to have the mental control of understanding, which flees before mystery; a brain which does not balance information with the instincts of my heart. We are so serious we no longer laugh at ourselves. There are areas within us that are not whole and do not balance our experience of all the events You send us. Heal us with peace amid the storms which rock our mental stability. Calm us to carry the crosses You send us to refine and draw us closer. Heal us of our arrogant self-reliance so that we can be more dependent on Your love and presence, deep within and around us. We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and Healing of Spirit

Jesus, Son of God, we need Your healing touch and uplifting arms. There are areas of our spirit which are wounded and hurting in darkness, fear and loneliness; images of God which haunt us rather than befriend us; images of ourselves as unworthy, inadequate, and ugly; perceptions of being guilty or shamed because of who we are; we become rigid and righteous; parts of our spirit are blind and crooked, stooped with the burdens of life; negative expectations become selffulfilling prophecy; we get overwhelmed and don't seek help. We carry the heavy and arrogant burden of earning our salvation by our good works, piety, prayers, penance and rituals, rather than accepting Your unconditional love as a free gift. Jesus, there are lost paths and dangling pieces of us which need to be pulled together, and uplifted in Your arms. Our spirits stagger without You. Heal us with the humility of St. Therese who embraced her littleness and allowed Your outstretched arms to lift her to the heights. We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.



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Healing Prayers of St. Therese of the Little Flower of Jesus

St. Therese and Physical Healing



Lord Jesus, we need Your healing touch! These are areas of infirmities in our bodies, and diseases weakening people we love: our aches and pains limit us; our

internal organs and broken limbs; from head to toe, and from fingertip to fingertip we hurt in areas which make the whole of us hurt; parts of us are diseased and not functioning well; there is cancer, high blood pressure, diabetes, arthritis, and other diseases slowly weakening us.

The pain isolates and shrinks us. Today, Lord Jesus, we place our physical pain and the hurt of family and friends before You, reaching out as young St. Therese, for the healing power and peace that only heaven can give. With tears of hope and gratitude we seek Your healing touch. We ask You this, who teaches us confidence and trust in Your love.

St. Therese and Healing of Memories



Jesus, Son of Mary and Joseph, we need Your healing touch. There are memories within us which hurt; genetic dreams; negative vibrations from our fetal development; traumas from the expulsion of birth; emptiness from needing

more than our parents could give us; broken promises which gave birth to mistrust and suspicion; feelings of not belonging; memories of not being good enough; scars of traumas which deeply would our spirit.

Like young St. Therese, we need to get off the swings of our self-pity and haunting memories, and seek reconciliation and inner peace. Free us to be present to Your caressing presence right now. Jesus, heal our crippled memories that don't allow us to climb the stairs of freedom and wholeness. Touch us with Your goodness so that we choose not to hold hurts, nightmares and disappointments against others, but rather learn to be refined by them. We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and the Healing of Family

Jesus, Our Brother, we need Your healing touch! We are imps who have conflicting family feelings. Our friends we choose; our family are the ones You choose for us. The relationships of blood and covenants are connecting and confusing, and sometimes not all we expected. We feel victimized by the dysfunction we are born into and wallow in emptiness. Our parents weren't all we wanted or needed. Our relatives are a challenge at times. Our children did not follow our paths, values and expectations. Misunderstandings, divorce, and betrayals at times mark our family relationships.

Heal us, Jesus, to embrace and enjoy our family for who they are, not for what we want them to be. Lift us from power struggles of control or sibling rivalries of jealousy. Free us of judgments which prevent us from cherishing and embracing the family members You choose for us. We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and Healing of Mediocrity

Generous and wholehearted Jesus, we need Your healing touch! There are areas which shrink our hearts – we are not consistent and constant in love as You are. We compromise ourselves, not responding generously to the instincts of our heart where Your Spirit is whispering within us; we don't give people the benefit of the doubt; we are less than wholehearted in trusting and loving You.

We choose to sell ourselves short and follow only our will, hopes and hurts. We expect less of others, diminishing their dignity and possibilities by the petty judgments we make. We excuse our small-minded and sinful attitudes and behaviors because other people are doing them, or because we see ourselves as victims of others' dysfunction rather than as vessels of Your goodness and presence. Heal our false humility which makes us petty.

Free us to choose all that You will. Implant in us the expansive, inclusive and generous heart of God, in Whose image we are created!

We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.



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Healing Prayers of St. Therese of the Little Flower of Jesus

St. Therese and Emotional Healing



Jesus, Master, we need Your healing touch. There are areas of our emotions which are hurt, hollow and hardened, frozen in fear and denial, guilt and shame. They go to the heart of who we are. We fear some feelings as too deep and strong; we don't transform our passion into constructive conviction; we live in Grey hues rather than the

technicolor of full human life. At times we distrust our feelings as unstable and deny their ability to reveal our true selves; we don't let pain, energy and anger transform us, so we transmit them to others in destructive ways; we become exiles from ourselves. Jesus, heal our troubled souls, so that we can be truly honest and transparent, embracing the garden place where You have planted us, and blossoming as the flower You have created us to be. Free us to see and be the big picture of your heavenly plan and beautiful garden, within and beyond us. We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and Healing of Broken Hearts

Good Jesus, Artist of our Souls, we need Your healing touch. Disappointments, disillusionment and betrayals have discolored our soul. We are brokenhearted because we expect so much; we sense the beautiful portrait of our life has been ruined. We have lost faith in ourselves as Your dwelling place and Your image – as the canvas where You are painting beauty.

We don't let your inclusive and colorful love define us. We let hurts and anger harden our hearts, and transmit them to others. Our self-pity explodes in self-destructive ways or in violent attitudes, judgments, words and silence toward others. In the heavy emptiness of our hearts, we let power, privilege, prestige and plenty define us and justify our less-than-true selves.

Like St. Therese, help us transcend the heartbreaking disappointments of life and embrace the holy opportunities that are Your grace everywhere. Touch our brokenness, Lord Jesus. Your suffering and death opened You to God and the salvation of all. Transform the sufferings of our broken hearts into a deeper longing for You and a clearer vision of life in faith, with You as the Artist.

We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and Spiritual Healing

Jesus, Holiness of God, we need Your healing touch! There are parts of us which are not holy, which do not reflect the divine image in us; areas of darkness which need light; selfabsorption; insensitivity to others; not seeing the poor and needy as our sisters and brothers; parts of us are not at peace, are fractured from wholeness; lack integrity of spirit; we are afraid to be still - and silent - and listen; parts of us are struggling in hurts, anger, denial, shame, unworthiness, repression, and addictions; parts of us are sinful and evil and are not of You. Reignite Your image in our hearts; rekindle Your fire in our souls. Be our sanctity and help us embrace the truth that You dwell within and among us. Heal us of whatever prevents us from accepting Your saving and intimate presence - from believing in the incredible glory You have placed within us. Touch us, Jesus, and transfigure us so that we shine with God's light. Like St. Therese, make us saints who are fully alive because You dwell within us.

We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.

St. Therese and the Healing of Social Relationships





Jesus, Son of Man, we need Your healing touch. There are painful areas of social relationships which cripple us; relationships which have left us frightened, caused us to withdraw within ourselves, or erect barriers to others; times of feeling lonely, abandoned, rejected, disconnected, and unloved; times of being critical and making rash judgments about others; of feeling superior to others; of feeling insignificant; of being abused emotionally, verbally or physically by others, especially those we love or whose affirmation we need. We can easily demean, diminish and destroy others with looks, judgments, words or silence, because we do not reverence

them as sanctuaries where You dwell. Free us to love and appreciate those we find most difficult to love. Heal the insecurity and darkness within us, Good Jesus, so that God's goodness, vision and judgment may shine through us.

We ask You this, through the intercession of St. Therese, who teaches us confidence and trust in Your love.