



# BLESS MY FAMILY BLESS MY CHURCH



P O Box 88892 Honolulu HI 96830  
Phone: USA (808) 943-7088  
Email: [stjohnbosco@boscosmo.org](mailto:stjohnbosco@boscosmo.org)  
<https://boscosmo.org/saints.html>



St. Michael  
the Archangel  
defend us  
in the  
day of battle!



**JESUS  
I TRUST  
IN YOU !**

## JUNE PRAYERS – MONTH OF SACRED HEART

### June 1<sup>st</sup> Saint Justin Martyr



#### PRAYER TO SAINT JUSTIN, MARTYR

- O God who revealed to Saint Justin in the sufferings of the Cross, the great wisdom of Jesus Christ, grant that through the pleadings of Your Martyr and our Patron we may overcome the many errors that surround us and that our faith may grow ever stronger. In deep humility we pray O Lord for the strength to imitate Saint Justin in his constant

efforts to make known the riches of the Faith to his fellowmen. Grant us the grace to be ever mindful of the many blessings we have received from You. Through Christ Our Lord. Amen.

### June 3<sup>rd</sup> Saint Charles Lwanga and Companions



#### PRAYER IN HONOUR OF ST CHARLES LWANGA AND COMPANIONS

- Eternal Father, I wish to honour St Charles Lwanga and Companions and I give You thanks for all the graces You have bestowed on them. I ask You to please increase grace in my soul through the merits of these saints, and I commit the end of my life to them by this special prayer, so that by virtue of Your goodness and promise, St Charles Lwanga and Companions might be my advocates and provide whatever is needed at that hour. Amen.

### June 5<sup>th</sup> PENTECOST SUNDAY



**PRAYER TO THE HOLY SPIRIT** - Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth. Lord, by the light of the Holy Spirit you have taught the hearts of your faithful.

In the same Spirit help us to relish what is right and always rejoice in your consolation.

We ask this through Christ our Lord.  
Amen.

**SEND A PRAYER REQUEST WE PRAY FOR YOU**

<https://boscosmo.org/saints.html>



**(808)943-7088**

### June 5<sup>th</sup> Saint Boniface



#### PRAYER OF INTERCESSION TO ST. BONIFACE

- O God, through the zeal of your martyr and bishop blessed Boniface, you brought a great multitude of peoples to the knowledge of your Name; grant that we may enjoy the protection of him whose feast we celebrate. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### June 8<sup>th</sup> Saint William of York



**PRAYER** - St. William, you were chosen by God to be Archbishop of York, but were unjustly accused of simony. You're election was opposed by many in favor of another. Even through all this, you never took your eyes off of Christ and his will for you. You devoted yourself to a life of prayer and mortification. After many years, you were

finally restored to the See that was rightfully yours. Instead of reserving spite, you showed the utmost amount of forgiveness and love for those who had before been in opposition to your election. Please help us to follow your example of perseverance and forgiveness so that we may forgive our transgressors and always persevere in the Lord's will. Amen.

### June 9<sup>th</sup> Saint Ephrem



#### PRAYER OF SAINT EPHREM

- O Lord and Master of my life, take from me a spirit of despondency, sloth, love of money, and idle talk. But give to me, your servant, a spirit of sober-mindedness, humility, patience, and love.

Yes, O Lord and King,  
grant me to see my own sins and not to judge my brother,  
since you are blessed to the ages.  
Amen.





# BLESS MY FAMILY BLESS MY CHURCH



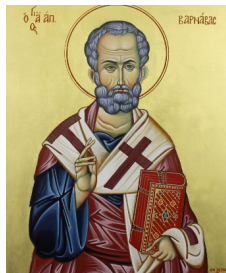
P O Box 88892 Honolulu HI 96830  
Phone: USA (808) 943-7088  
Email: [stjohnbosco@boscosmo.org](mailto:stjohnbosco@boscosmo.org)  
<https://boscosmo.org/saints.html>



St. Michael  
the Archangel  
defend us  
in the  
day of battle!



## June 11<sup>th</sup> Saint Barnabas



### PRAYER IN HONOUR OF ST BARNABAS

- O God, who decreed that Saint Barnabas, a man filled with faith and the Holy Spirit, should be set apart to convert the nations, grant that the Gospel of Christ, which he strenuously preached, may be faithfully proclaimed by word and by deed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### St. Barnabas Novena Prayer

God our Father, You filled Saint Barnabas with faith and the Holy Spirit and sent him to convert the nations. Help us to proclaim the gospel by word and deed. We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen (Mention your request here...) Say 1: Our Father... Say 1: Hail Mary... Say 1: Glory Be...

## June 13<sup>th</sup> Saint Anthony of Padua

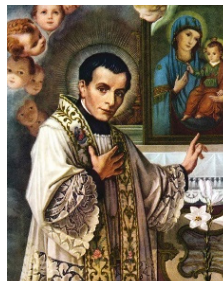


### THE MIRACLE PRAYER TO SAINT ANTHONY OF PADUA

- O Holy St Anthony, the gentlest and kindest of Saints, your burning love of God, your exalted virtue, and your great charity towards your fellow creatures, made you worthy, when on earth to possess miraculous powers such as were given to no other saint. Miracle waited on your word, and that word you were ever

ready to speak at the request of those in trouble. The anxious prayer of bitter trial was never addressed to you in vain. To the sick you gave back health; you restored what was lost; the sorrow stricken were the objects of your tender compassion; even the dead you raised to life when the wounded heart cried out to you from the depths of its bitter anguish. When on earth nothing was impossible with you, except not to have compassion on those in distress and sorrow. Encouraged by this thought, and convinced of the efficacy of your holy intercession, we kneel before your holy image, and full of confidence, we implore you to obtain for us (here mention your request). The answer to this our prayer may require a miracle. Even so, are you not the Saint of Miracles, who, when on earth, had but to speak the mightiest wonders were wrought! O gentle and loving St Anthony, you whose heart was ever full of human sympathy, whispers our prayer into the ears of the Infant Jesus, who loved to linger in your arms. One word from you and our prayer will be granted. O, speak but that word and the gratitude of our heart will ever be yours! Amen. Our Father, Hail Mary, and Glory be.

## June 17<sup>th</sup> Saint Joseph Cafasso



### SAINT JOSEPH CAFASSO NOVENA

- Dear Saint Joseph Cafasso, please intercede for me and mine. Help us to leave our prisons—mine of impatience as I wait for my loved one to return to the practice of the Catholic faith, and the prison of ignorance and unknowing that keeps us from the arms of Jesus and His Church.

Grant us a renewal of the gift of Faith; an increase in devotion and adoration of the Blessed Sacrament; and a special love for the Blessed Mother. Help us to always walk with her and her Son, Jesus as we journey together through this life. In Jesus name, and through the Immaculate Heart of Mary, we pray. Amen.

(Mention your request here...)

Saint Joseph Cafasso, Pray for us

Say 1: Our Father... Say 1: Hail Mary... Say 1: Glory Be...

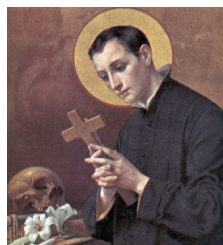
## June 20<sup>th</sup> Saint Paulinus of Nola



### PRAYER - O God, who made the Bishop

Saint Paulinus of Nola outstanding for love of poverty and for pastoral care, graciously grant that, as we celebrate his merits, we may imitate the example of his charity. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## June 21<sup>st</sup> Saint Aloysius Gonzaga



### PRAYER TO ST. ALOYSIUS GONZAGA

- O Saint Aloysius, adorned with angelical manners, although I am thy unworthy servant, I recommend to thee in an especial manner the chastity of my soul and body; I conjure thee, by thy angelical purity, to commend me to Jesus Christ, the spotless Lamb, and to His most holy Mother, the Virgin of virgins. Preserve me from every grievous sin; never suffer me to sully my soul with any impurity; whenever thou seest me in temptation or danger of sin, ward off from me every impure thought and affection, and awakening in me the remembrance of eternity and of Jesus crucified, imprint deeply in my heart the sentiment of the fear of God. In flame me with divine love, in order that by imitating thee on earth, I may merit to enjoy God with thee in heaven.

Amen. Our Father, Hail Mary.





# BLESS MY FAMILY BLESS MY CHURCH



P O Box 88892 Honolulu HI 96830  
Phone: USA (808) 943-7088  
Email: [stjohnbosco@boscosmo.org](mailto:stjohnbosco@boscosmo.org)  
<https://boscosmo.org/saints.html>



St. Michael  
the Archangel  
defend us  
in the  
day of battle!



## June 22<sup>nd</sup> Saint Thomas More



**PRAYER TO ST THOMAS MORE** - Holy martyr for the Church, you used your talents to bring God's love and mercy to earth. Yet you realized that human fame and glory were momentary and fleeting. In your practice of law, you understood and were loyal first to God's eternal law spoken through the successors of the Apostles. While a servant of the king, you were a servant to the Church first. Help me to see that loyalty to God's laws must be the first part of my ties and responsibilities with others. Strengthen me to seek out what the Church teaches. Give me the wisdom to make the right choice, and the fortitude to carry it out. This I ask through Jesus Christ our Lord, Amen. ...  
St Thomas More, Pray for Us ...

## June 23<sup>rd</sup> Saint John Fisher



**PRAYER FOR HOLY BISHOPS BY SAINT JOHN FISHER** - Lord, according to Thy promise that the Gospel should be preached throughout the whole world, raise up men fit for such work. The Apostles were but soft and yielding clay till they were baked hard by the fire of the Holy Ghost. So, good Lord, do now in like manner with Thy Church militant, change and make the soft and slippery earth into hard stones. Set in the Thy Church strong and mighty pillars that may suffer and endure great labors--watching, poverty, thirst, hunger, cold and heat--which also shall not fear the threatenings of princes, persecution, neither death, but always persuade and think with themselves to suffer with a good will, slanders, shame, and all kinds of torments, for the glory and laud of Thy Holy Name. By this manner, good Lord, the truth of Thy Gospel shall be preached throughout the world. Therefore, merciful Lord, exercise Thy mercy, show it indeed upon Thy Church. Amen

**SEND A PRAYER REQUEST WE PRAY FOR YOU**

<https://boscosmo.org/saints.html>



**(808)943-7088**

## June 24<sup>th</sup> SACRED HEART OF JESUS



**PRAYER TO THE SACRED HEART** - O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and with a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me.  
Amen.

## Prayer of Thanksgiving and Praise to the Sacred Heart

Lord, you deserve all honor and praise, because your love is perfect and your heart sublime. My heart is filled to overflowing with gratitude for the many blessings and graces you have bestowed upon me and those whom I love. Forever undeserving, may I always be attentive and never take for granted the gifts of mercy and love that flow so freely and generously from your Sacred Heart. Heart of Jesus, I adore you. Heart of Jesus, I praise you. Heart of Jesus, I thank you. Heart of Jesus, I love you forever and always. Amen.

## June 24<sup>th</sup> Nativity of Saint John the Baptist



**PRAYER TO ST. JOHN THE BAPTIST** - I. O glorious Saint John the Baptist, greatest prophet among those born of woman, although thou wast sanctified in thy mother's womb and didst lead a most innocent life, nevertheless it was thy will to retire into the wilderness, there to devote thyself to the practice of austerity and penance; obtain for us of thy Lord the grace to be wholly detached, at least in our hearts, from earthly goods, and to practice Christian mortification with interior recollection and with the spirit of holy prayer.  
Amen.

PRAYER PETITION FOR  
SACRED HEARTS OF JESUS AND MARY

MAIL THIS : Boscosmo P O Box 88892 Honolulu HI 96830  
Text Us @ (808)203-7467

### Pray for my intentions:

- |   |  |
|---|--|
| <input type="checkbox"/> For my parents   | <input type="checkbox"/> Strength                      |
| <input type="checkbox"/> World peace      | <input type="checkbox"/> Conversion                    |
| <input type="checkbox"/> For my children  | <input type="checkbox"/> Peace of mind                 |
| <input type="checkbox"/> Vocations        | <input type="checkbox"/> Holy Father                   |
| <input type="checkbox"/> Respect for life | <input type="checkbox"/> Spouse                        |
| <input type="checkbox"/> Employment       | <input type="checkbox"/> Happy marriage                |
| <input type="checkbox"/> Financial help   | <input type="checkbox"/> For my parish                 |
| <input type="checkbox"/> Physical help    | <input type="checkbox"/> For our priests/<br>religious |
| <input type="checkbox"/> _____            |  |

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parish \_\_\_\_\_

Mobile \_\_\_\_\_ Phone \_\_\_\_\_

E-mail \_\_\_\_\_



# BLESS MY FAMILY BLESS MY CHURCH



P O Box 88892 Honolulu HI 96830  
Phone: USA (808) 943-7088  
Email: [stjohnbosco@boscosmo.org](mailto:stjohnbosco@boscosmo.org)  
<https://boscosmo.org/saints.html>



St. Michael  
the Archangel  
defend us  
in the  
day of battle!



## June 25<sup>th</sup> IMMACULATE HEART OF MARY

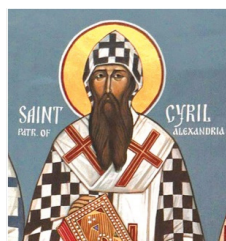


**PRAYER TO THE IMMACULATE HEART OF MARY** - Immaculate Heart of Mary, my Mother, I come to you in childlike prayer. I earnestly desire that all the people of the world may be brought back to the humble knowledge and love of the Sacred Heart of your dear Son. I pray, dear Mother

of my God, that the wonderful beauty and purity of your own Immaculate Heart may so win our souls that we may detest all sin and dedicate our lives to the honor and glory of the God who created us.

You revealed the secrets of your own sad heart at Fatima and begged for penance, prayer, and conversion of the world to God. What more can I do than unite my heart to yours in this great yearning? What can I add but the fervent prayer that all the world may listen to your pleading? I give my heart to you, my heavenly Queen, and in confidence I leave to you what is best for me in answer to my prayer for love and reparation. Immaculate Heart of the Mother of my God, I implore through your powerful intercession, the conversion of the hearts of men, complete victory over sin, and the return of the peace which you have promised. Amen

## June 27<sup>th</sup> Saint Cyril of Alexandria



**PRAYER TO ST CYRIL OF ALEXANDRIA** - O God, you made your bishop, Saint Cyril, the invincible champion of the divine motherhood of the Blessed Virgin Mary; through his intercession may we be saved by the maternal protection of her whom we believe to be truly the Mother of God.

Through the same Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

## June 29<sup>th</sup> Saints Peter and Paul



**PRAYER:** O holy apostles, Peter and Paul, I choose you this day and for ever to be my special patrons and advocates; thee, St. Peter, Prince of the Apostles, because thou art the Rock, upon which Almighty God hath built His Church; thee, St. Paul, because thou wast forechosen by God as the Vessel of election and the Preacher of truth in the

whole world. Obtain for me, I pray you, lively faith, firm hope and burning love; complete detachment from myself, contempt of the world, patience in adversity, humility in prosperity, attention in prayer, purity of heart, a right intention in all my works, diligence in fulfilling the duties of my state of life, constancy in my resolutions, resignation to the will of God and perseverance in the grace of God even unto death; that so, by means of your intercession and your glorious merits, I may be able to overcome the temptations of the world, the flesh and the devil, and may be made worthy to appear before the chief and eternal Shepherd of souls, Jesus Christ, who with the Father and the Holy Ghost liveth and reigneth for endless ages, to enjoy His presence and love Him forever. Amen. Our Father, Hail Mary, Glory be V. Thous shalt make them princes over all the earth, R. They shall be mindful of Thy Name, O Lord.

Let us pray O God, whose right hand raised up blessed Peter, when he walked upon the water and began to sink, and thrice delivered his fellow-Apostle Paul from the depths of the sea, when he suffered shipwreck: graciously hear us and grant, by the merits of them both, that we also may attain unto everlasting glory: Who livest and reignest world without end. Amen.

## June 30<sup>th</sup> First Martyrs of the Church of Rome



**PRAYER IN HONOUR OF THE FIRST MARTYRS OF HOLY ROMAN CHURCH**

- O God, who consecrated the abundant first fruits of the Roman Church by the blood of the Martyrs, grant, we pray, that with firm courage we may together draw strength from so great a struggle and ever rejoice at the triumph of faithful love. Through our

Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## SPECIAL PRAYER PETITIONS

---

---

---

---

---

---

## GOD NEEDS YOU TO MAKE THE WORLD A BETTER PLACE!

### Parish Involvement:

☐ Very active ☐ Moderately active ☐ Not active

I like to volunteer from [ ] Home [ ] Parish

My skills /ministries are \_\_\_\_\_

MY MOBILE PHONE: \_\_\_\_\_ [ ] Please Call Me